

Full Report (All Nutrients) 45134702, HEALTHY CHOICE Beef Tips Portobello, UNPREPARED, GTIN: 00050100459567

Based on the GS1 Global Data Synchronization Network, [Powered by 1WorldSynch](#)

Report Date: July 08, 2017 19:47 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Conagra Brands

Nutrient	Unit	Data points	Std. Error	1 Meal (318g) 318g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	270	85
Protein	g	--	--	16.00	5.03
Total lipid (fat)	g	--	--	7.00	2.20
Carbohydrate, by difference	g	--	--	33.01	10.38
Fiber, total dietary	g	--	--	5.1	1.6
Sugars, total	g	--	--	15.01	4.72
Minerals					
Calcium, Ca	mg	--	--	60	19
Iron, Fe	mg	--	--	1.81	0.57
Potassium, K	mg	--	--	750	236
Sodium, Na	mg	--	--	499	157
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	8.9	2.8
Vitamin A, IU	IU	--	--	2999	943
Lipids					
Fatty acids, total saturated	g	--	--	2.512	0.790
Fatty acids, total monounsaturated	g	--	--	3.498	1.100
Fatty acids, total polyunsaturated	g	--	--	0.986	0.310
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	51	16
Amino Acids					
Other					
Ingredients					

BEEF STRIPS IN BABY PORTABELLA MUSHROOM SAUCE (SEASONED COOKED BEEF STRIPS AND BINDER PRODUCT [BEEF, WATER, CONTAINS 2% OR LESS OF: CARAMEL COLOR, DEXTROSE, SEASONING {NATURAL FLAVOR, SALT, MALTODEXTRIN, DRIED WHEY, DRIED CAULIFLOWER, SESAME OIL}, MODIFIED CORN STARCH, POTASSIUM CHLORIDE, POTASSIUM PHOSPHATE, SALT, SODIUM PHOSPHATE, SPICE EXTRACTIVES], WATER, BABY PORTABELLA MUSHROOMS, ONIONS, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, BEEF BASE [ROASTED BEEF AND CONCENTRATED BEEF STOCK, HYDROLYZED {CORN AND WHEAT GLUTEN, SOY} PROTEIN, MALTODEXTRIN, CORN OIL, AUTOLYZED YEAST EXTRACT, POTATO STARCH, SUGAR, CARAMEL COLOR, FLAVORING, SALT], BEEF FLAVOR [BEEF EXTRACT, CORN SYRUP, VEGETABLE JUICE CONCENTRATES {CARROT, CELERY}, FLAVOR, SOYBEAN OIL, MALTODEXTRIN, BEEF, SALT, LACTIC ACID, CITRIC ACID], CANOLA OIL, GARLIC PUREE [GARLIC, DRIED CANE SYRUP], BALSAMIC VINEGAR, BROWN SUGAR, SALT, DIJON MUSTARD [WATER, VINEGAR, MUSTARD SEED, SALT, WHITE WINE, FRUIT PECTIN, CITRIC ACID, TARTARIC ACID, SUGAR, SPICE], CARAMEL COLOR, LOCUST BEAN GUM, BLACK PEPPER, DATEM, MONO- AND DIGLYCERIDES), MASHED POTATOES (REHYDRATED POTATO FLAKES AND GRANULES [WATER, POTATOES, MONO- AND DIGLYCERIDES, DISODIUM DIHYDROGEN PYROPHOSPHATE, CITRIC ACID, SODIUM BISULFITE AND BHT], CANOLA OIL, FLAVORING [MIXED TRIGLYCERIDES, NATURAL FLAVORING, MODIFIED CORN STARCH], SALT, SUGAR, BLACK PEPPER), APPLES (CITRIC AND ASCORBIC ACID TO RETAIN COLOR), WATER, CARROTS, GREEN BEANS, BROWN SUGAR, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, NONFAT DRY MILK (NONFAT DRY MILK, VITAMIN A, VITAMIN D), ACETYLATED MONOGLYCERIDES, WHEAT FLOUR, BUTTER FLAVOR (MALTODEXTRIN, MILK FAT ANHYDROUS, MODIFIED CORN STARCH, MEDIUM CHAIN TRIGLYCERIDES, ENZYME-MODIFIED BUTTER FAT, NATURAL FLAVOR), WHEY, SWEET CREAM POWDER (CREAM, NONFAT MILK, SODIUM CASEINATE), SALT, VANILLA FLAVOR (WATER, PROPYLENE GLYCOL, NATURAL AND ARTIFICIAL FLAVORS [CONTAINS ETHYL ALCOHOL, CORN SYRUP, INVERT SUGAR, CARAMEL COLOR]), CARAMEL FLAVOR (PROPYLENE GLYCOL, ETHYL ALCOHOL, NATURAL FLAVORS, ARTIFICIAL FLAVORS, WATER), CARAMEL COLOR. CONTAINS: MILK, SOY, WHEAT. *Date Available: 03/09/2017 Date Last Updated by Company: 03/09/2017*